# **Evaluation of tumor biomarkers and cytokines in** the detection and follow up of colorectal cancer

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(Ann Coll Med Mosul 2013; 39 (2): 172-177). Received: 18<sup>th</sup> Mar. 2013; Accepted: 31<sup>th</sup> Oct. 2013.

#### **ABSTRACT**

**Objectives:** To use a panel of seven tumor markers for the detection and follow up of colorectal cancer. To compare the diagnostic utility of the tumor markers with that of the standard methods. To construct ROC curve for the purpose of the best detection of the studied cancer.

**Patients and methods:** Fifty two colorectal cancer patients and 30 apparently healthy individuals as a control group were studied. They were tested for: carcinoembryonic antigen (CEA), cancer antigen 19-9, cancer antigen 72-4 and tissue polypeptide antigen (TPA), two cytokines [interleukin-6 (IL-6)] and vascular endothelial growth factor (VEGF)] by using ELISA. Twenty colorectal cancer patients were followed up for a period of 3-5 months after surgical resection.

**Results:** There was a significant difference (p<0.001) in the diagnostic utility between cancer and control group for all the seven tumor markers. In colorectal cancer group, a significant difference (p<0.001) in the serum concentration of CEA, TPA, IL-6, VEGF and CRP was detected according to the stage of cancer. No significant difference was shown for CA 19-9 and CA 72-4. Using ROC curve analysis, CEA was the best diagnostic test. In the follow up group, a significant reduction was found for all the seven investigated parameters.

**Conclusion:** CEA, CA 19-9, CA 72-4, TPA, IL-6, VEGF and CRP are of considerable diagnostic, prognostic and follow up utility. ROC curve is used to enhance the diagnostic accuracy of the studied tumor markers.

Keywords: Colorectal cancer, tumor biomarker, interleukin-6, vascular endothelial growth factor.

# تقييم معلمات الأورام ومفعلات الخلايا في إكتشاف ومتابعة سرطانات الجهاز الهضمي

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# الخلاصة

الأهداف: إستخدام مجموعة تتضمن سبع من معلّمات الأورام في كشف ومتابعة حالات سرطانات القولون والمستقيم، ومقارنة الفائدة التشخيصية لمعلمات الأورام مع الطرق الروتينية والقياسية، مع وضع خط بياني نوع ROC ، من أجل الكشف الأفضل لهذه السرطانات.

المرضى وطرائق العمل: تضمت مجموعة المرضى ٥٢ مصابا بسرطان القولون والمستقيم بالإضافة إلى ٣٠ شخصا سليما كمجموعة ضابطة. تم جمع عينات دم من المجاميع المذكورة من أجل الكشف عن المستضد السرطاني الجنيني (CEA) والمستضد السرطاني ٩-١٩ المستضد السرطاني ٤-٧٢ ومستضد متعدد الببتيد النسيجي والإنترلوكين السادس وعامل نمو البطانة الوعائية، باستخدام فحص الإدمصاص المناعي المرتبط بالأنزيم. كما تم قياس تركيز البروتين التفاعلي C بإستخدام فحص تفاعل اللاتكس التلزني. تم إعادة إجراء هذه الفحوصات مرة ثانية بعد مرور ٣ الى ٥ أشهر على ٢٠ مصابا بسرطان القولون والمستقيم وذلك بعد إستنصال الورم لهم.

النتائج: أظهرت النتائج وجود فرق معنوي في الفائدة التشخيصية لكافة معلمات الأورام المستخدمة لدى المرضى مقارنة بالمجموعة الضابطة. لدى مرضى سرطان القولون والمستقيم تم إيجاد فرق معنوي في مستوى مصل مستضد السرطاني الجنيني ومستضد متعدد البيتيد النسيجي والأنترلوكين السادس وعامل نمو البطانة الوعائية والبروتين التفاعلي C بالنسبة لمراحل المرض لدى هولاء المرضى، في حين لم يتم إيجاد فرق معنوي لكل من المستضد السطحي ٩-٩١ والمستضد السرطاني ٤-٧٢. عند إستخدام ROC أظهر المستضد السرطاني الجنيني أعلى قيمة تشخيصية لمرضى سرطان القولون والمستقيم. في مجموعة مرضى سرطان القولون والمستقيم الذين تم متابعتهم أظهرت جميع معلمات الأورام إنخفاض ذو دلالة معنوية بعد إستئصال الورم لهم.

الإستنتاجات: إن جميع معلّمات الأورام التي قيست في هذه الدراسة ذات فائدة ملحوظة في التشخيص والتنبؤ ومتابعة مرضى القولون والمستقيم. وإن تطبيق خط بياني نوع ROC curve يرفع الفائدة التشخيصية لمعلمات الأورام.

#### INTRODUCTION

ancers of colon and rectum represent more Colorectal cancer is the second most common cause of cancer-related death in Western countries after lung cancer in men and breast cancer in women.2 Carcinoma of the colon was ranked as the sixth cancer among the top ten cancers in Mosul.<sup>3</sup> Identification of cancer biomarkers is one of the most promising approaches for the detection of early stage malignant or even pre-malignant lesion with a simple blood test.4 As there is no ideal tumor marker, the usage of a panel with two or more approved markers can contribute to the improvement in sensitivity and diagnostic efficacy.<sup>5</sup> Carcinoembryonic antigen (CEA) is a complex glycoprotein that is associated with the plasma membrane of tumor cells from which it may be released into the blood.6

Cancer antigen 19-9 is an example of type 1 terminal carbohydrate structure and plays an important role in cell adhesion and local tumor invasiveness and metastasis.7 Cancer antigen 72-4 is a high molecular weight mucin glycoprotein detectable in the sera of patients with a variety of adenocarcinomas.8 gastrointestinal polypeptide antigen is a complex of polypeptide filaments of the cytokeratin 8, 18 and 19. It represents the most abundant cytokeratin pattern in malignant epithelial differentiation.9 Interleukin-6 is a potent pleiotropic inflammatory cytokine that causes carcinogenesis through several signal pathways involved in carcinogenesis and metastasis. 10 Vascular endothelial growth factor is overexpressed by the majority of solid human tumors, where it can be produced by the tumor cells themselves or by stromal cells. 11 The importance of the serum elevation of CRP in the tumorigenesis and pathogenesis of some cancers such as colorectal cancer has become a focus of much attention.<sup>12</sup>

#### **PATIENTS AND METHODS**

This case-control study was conducted between 1<sup>st</sup> April 2008 and 30<sup>th</sup> April 2009. The patients were recruited mainly from the Endoscopic Units in Al-Jamhuri and Ibn Sina Teaching Hospitals, Surgical

Wards in Al-Jamhuri Teaching Hospital and from Oncology and Nuclear Medicine Hospital. A total of 82 patients were included, 52 were colorectal cancer patients and 30 were apparently healthy individuals as a control group. The patients were clinically and histologically verified as colorectal carcinoma with age range of 26-75 years. The cases comprised 25 males and 27 females. Twenty of the 52 patients were followed up postoperatively for a period of 3-5 months. Peripheral blood samples were obtained from the patients pre-operatively. All sera were aliquoted and kept frozen at -20°c until use. The CEA, CA 19-9, CA 72-4, TPA, IL-6 and VEGF were measured by using solid phase ELISA kits supplied by DRG instruments GmbH, Germany. The CRP was measured using a CRP latex test kit supplied by Plasmatec, UK.

**Statistical Analyses:** Statistical analyses were computer assisted using SPSS VERSION 10. Paired, unpaired t-tests and Chi-square were used for all the dual comparisons. All the statistical results were considered significant at p equal to 0.05 or less. <sup>13</sup>

# **RESULTS**

The mean serum levels of CEA, CA 19-9, CA 72-4, TPA, IL-6 and VEGF preoperatively were significantly higher (p=0.001) in patients with colorectal cancer than in the control group Table 1. The frequencies of levels of  $\leq$  6 mg/L in the control group was significantly higher (p<0.001) than in the colorectal cancer patients and vice versa for levels>12 mg/L up to 192 mg/L Table 2. The mean serum level of CEA, CA19-9, TPA, IL-6 and VEGF were the highest among patients with modified Dukes D stage Table 3 with significant difference (p<0.001) between this stage and other stages (p<0.001). For the serum tumor marker CA 72-4, no significant difference was found. Patients with modified Dukes D stage colorectal cancer showed a significant higher (p < 0.001) frequencies of CRP level of 48-192 mg/L than in patients with modified Dukes A, B and C Table 4.

Table 1. Comparison of serum tumor markers between cases and control using unpaired t – test.

Markers	Groups	N	Mean	SD	Range	<i>p-</i> value	
	Control	30	3.37	1.4	1- 8	<0.001	
CEA (ng/ml)	Colorectal	52	26.63	25.27	2.5-87	<0.001	
CA19-9 (U/ml)	Control	30	28.53	6.07	19-47	<0.001	
CA 19-9 (U/IIII)	Colorectal	52	77.44	69.46	21-230	<0.001	
CA72-4 (U/ml)	Control	30	3.47	1.11	1-5	0.001	
CA72-4 (U/IIII)	Colorectal	52	12.78	16.69	1.5- 61	0.001	
TPA (ng/ml)	Control	30	0.92	0.50	0.1-2	<0.001	
TFA (IIg/IIII)	Colorectal	52	10.07	12.2	0.2-52	<0.001	
IL-6 (pg/ml)	Control	30	7.37	2.72	4-18	0.001	
	Colorectal	52	39.56	48.81	4-187	0.001	
VEGF (pg/ml)	Control	30	166.47	148.3	50	<0.001	
	Colorectal	52	721.06	665.1	50	<0.001	

Table 2. CRP for patients and control.

Group CRP (mg/L)	Control		Colo	rectal	<i>p</i> -value
	No.	%	No.	%	p-value
<6	24	80.0	18	34.6	
6	3	10.0	1	1.9	
12	2	6.7	3	5.8	
24	1	3.3	9	17.3	<0.001
48	0	0.0	13	25.0	
96	0	0.0	7	13.5	
192	0	0.0	1	1.9	
Total	30	100	52	100	

Using Fisher Freeman Halton test.

Table 3. Relationship between measured tumor markers and stage of colorectal cancer.

Parameters	Stage	No	Mean	SD	Range	<i>p-</i> value	
CEA (ng/ml)	А	2	3.50 a	0.71	3- 4		
	В	19	9.43 a	8.99	2.5-28	<0.001*	
	С	23	25.71 b	14.55	3- 46	<0.001	
	D	8	75.88 c	6.88	68-87		
	Α	2	26.50 a	0.71	26-27		
CA19-9 (U/ml)	В	19	80.2 ab	60.68	21-185	<0.05*	
CA 19-9 (U/IIII)	С	23	62.3 ab	58.92	25- 198	0.094 (NS)	
	D	8	127.13 b	102.17	29-230		
	А	2	3.55 a	0.92	2.9-4.2		
CA 72 4 (LL/ml)	В	19	8.48 a	10.05	1.5-39	<0.05*	
CA 72-4 (U/ml)	С	23	16.93 b	20.05	2-61	0.355 (NS)	
	D	8	13.38 ab	19.33	3-58		
	А	2	4.30 a	1.84	3-5.6		
TDA (ng/ml)	В	19	5.22 a	6.22	0.2- 22	<0.001*	
TPA (ng/ml)	С	23	8.58 a	8.12	0.2- 25		
	D	8	27.31 b	18.89	0.2-52		
	А	2	8.00 a	1.41	7-9		
	В	19	13.42 a	8.7	4- 33	<0.001*	
IL-6 (pg/ml)	С	23	28.57 a	24.03	4- 78	<0.001	
	D	8	141.13 b	32	100-187		
\\F0F( \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	А	2	65.00 a	21.21	50-80		
	В	19	390.8 ab	322.52	50-920	.0.001*	
VEGF (pg/ml)	С	23	627.83 b	507.96	50-2000	<0.001*	
	D	8	1937.5 c	74.4	1800- 2000		

Table 4. CRP and colorectal cancer stage.

Stage		A		В		С		)	<i>p</i> -value
CRP (mg/L)	No.	%	No.	%	No.	%	No.	%	p-value
<6	2	100	10	52.6	6	26.2	0	0.0	
6	0	0.0	0	0.0	1	4.3	0	0.0	
12	0	0.0	2	10.5	1	4.3	0	0.0	
24	0	0.0	5	26.4	4	17.4	0	0.0	< 0.001
48	0	0.0	2	10.5	7	30.4	4	50.0	
96	0	0.0	0	0.0	4	17.4	3	37.5	
192	0	0.0	0	0.0	0	0.0	1	12.5	
Total	2	100	19	10	23	100	8	100	

Using Fisher Freeman Halton test.

NS = Not significant according to the analysis of variance (ANOVA), means with different letters vertically have significant difference at p<0.05 for each marker.

In colorectal cancer patients: The ROC curve of CEA (red line) was the highest among other tumor markers curves (Figure 1). ROC area for the measured parameters for the diagnosis of colorectal cancer. CEA shows the highest area under the curve, closest to the optimal sensitivity and specificity (criterion 0, 1.00).

The twenty followed up patients showed a significant difference between the preoperative and postoperative mean values of the seven tumor markers (**Table 5, 6**).

Table 5. Comparison of the preoperative and postoperative means of serum tumor markers in the follow up colorectal cancer group.

Markers	Period	Mean	SD	<i>p-</i> value	
CEA( ng/ml)	Preoperation	23.1	22.97	0.018	
CLA( fig/fill)	Postoperation	14.41	14.08	0.010	
CA19-9	Preoperation	85.85	73.83	0.011	
(U/ml)	Postoperation	52.05	33.25	0.011	
CA72-4	Preoperation 11.11 1		15.2	0.047	
(U/ml)	Postoperation	5.41	3.97	0.047	
TPA (ng/ml)	Preoperation	8.46	11.05	0.037	
TFA (Hg/HII)	Postoperation	3.89	5.39		
II 6( pg/ml)	Preoperation	27.5	36.09	0.041	
IL-6( pg/ml)	Postoperation	12.88	15.1	0.041	
VEGF	Preoperation	698.5	659.92	0.001	
(pg/ml)	Postoperation	338.2	302.93	0.001	

Table 6. CRP frequency in the follow up colorectal cancer patients.

CRP	Pre operation		Post o	Post operation		
	No.	%	No.	%	value	
0	5	25.0	4	20.0		
6	1	5.0	3	15.0		
12	2	10.0	3	15.0	0.026	
24	5	25.0	9	45.0	0.020	
48	6	30.0	1	5.0		
96	1	5.0	0	0.0		
Total	20	100	20	100		

Using Wilcoxon paired Z-test.

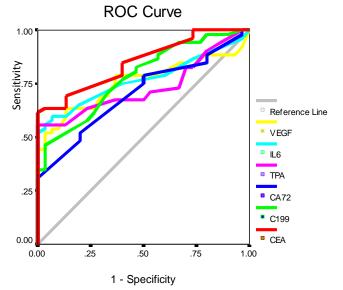


Figure 1.

# **DISCUSSION**

Our results are in agreement with studies on colorectal cancer patients that also demonstrated significant higher serum levels of CEA in group. 14,15 control comparison with the Carcinoembryonic antigen is an intracellular adhesion molecule that is up-regulated in colorectal cancer. 16 Our results were comparable with that of Meteoglu and Coworkers<sup>17</sup> who found that serum CEA was correlated well with Dukes staging in colorectal cancer. The production of CEA by tumor cells has been described as a linear relationship between cell number and serum CEA. <sup>18</sup> Significant higher levels of serum CA 19-9 in the cancer group patients compared to the control group were found, however, no significant correlation with staging of the disease was found.

Previous studies demonstrated that CA 19-9 was a sensitive tumor marker and its level increases as

the disease spreads without significant relationship with tumor staging. 19,20 The significant elevated serum concentration of CA 72-4 in cancer group compared to control group is due to increase expression of this tumor mucin antigen in cancer patients. In contrast, the non-significant difference in CA 72-4 serum level with regard to colorectal cancer staging noticed in the current study was also demonstrated by Phlebani and Coworkers.<sup>20</sup> The mean serum level of TPA was found to be higher in cancer patients group than in the control group in the current study. These findings are due to the overexpression of TPA in proliferating malignant tumors.21 It was found that TPA is a sensitive test in determining the stage of colorectal neoplastic process according to modified Dukes staging.22

The results are comparable with others who found that the serum level of IL-6 was significantly higher in cancer patients when compared to healthy subjects. The elevated IL-6 may be due to its production by cancer cells and the other possibility is that IL-6 is produced as a result of immunologic response to cancer. Interleukin-6 levels have increased in a stage-related manner. Two studies showed a significant high concentration of IL-6 in the advanced stages of colorectal cancer and in patients with non-resectable tumors.

The level of VEGF was significantly higher in cancer patients than in the control group. This may be explained by the fact that VEGF plays an important role in angiogenesis involved in the growth and metastatic spread of solid tumors. Vascular endothelial growth factor levels were proportionally increased with the stage of cancer in colorectal cancer patients. These findings were consistent with results from other studies. Vascular endothelial growth factor levels were consistent with results from other studies.

The present study also showed that the elevated serum CRP levels were clearly associated with the stage of the disease in colorectal cancer patients (**Tables 3, 4**). In a study of 172 patients with colorectal cancer, the CRP levels were associated with larger tumor size, lymph node or liver metastasis and advanced modified Dukes stage. The constructed ROC curve for the identification from the panel of tumor markers those with the greatest discriminatory power for the diagnosis of colorectal cancer, CEA was found to be the best tumor marker. These results are in

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of agreement with that Holmstrom and Coworkers<sup>32</sup> who found by estimating the probability of cancer with several tumor markers in 204 colorectal cancer patients using ROC curve, that the highest AUC was observed for CEA. The level of tumor markers that were receded to lower levels after surgical resection observed in this study has been also reported in previous studies on colorectal cancer patients. 9,33-35

In the current study, all the colorectal cancer follow up group showed a marked decrease in the tumor markers except two patients. They showed a rise in the serum level of CEA, TPA, IL-6 and CRP. A diagnosis of recurrent disease was proved in both cases endoscopically and histopathologically. Similar studies showed that these markers were the most sensitive indices of recurrence. <sup>20,33,36,37</sup> Early detection of colorectal cancer relapse is an important factor in reducing cancer mortality. <sup>38</sup>

#### **CONCLUSION**

CEA, CA 19-9, CA 72-4, TPA, IL-6, VEGF and CRP are of considerable diagnostic, prognostic and follow up utility. ROC curve is used to enhance the diagnostic accuracy of the studied tumor markers.

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